

ABSTRACT

The present invention provides an information recording method and an information recording apparatus, which are capable of recording 5 reproduction controlling information in information recording medium such as DVD. An operation portion designates a division timing in the audio information in case of dividing continuous audio information to record it in the DVD. A pickup records the audio information before the designated division timing and the audio information after the 10 designated division timing in the DVD. A system controller repeats generating object recording sequence information in associated with the audio information before and after the division timing, respectively, to record them in the DVD every time when the division timing is designated.

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